



SeniorFest gathers older adults, age fifty and above, for learning, devotions, and fellowship with the intent to reinvigorate their physical, spiritual, social, and mental well-being. This is the Dallas area's third annual SeniorFest.

ALOA, the Association of Lutheran Older Adults, is an inter-Lutheran movement that provides resources for older adult ministry of the ELCA and LC-MS. Committed to celebration and service, it embraces the gifts of aging.

#### The Day's Schedule

8:30-9:00	Registration and coffee
9:00-9:20	Opening devotions
9:30-10:40	Keynote Speaker
10:40-11:00	Break and view displays
11:00-12:00	First Workshop
12:00-1:00	Lunch
1:00-1:20	ALOA DVD
1:30-2:30	Keynote Speaker
2:30-2:50	Break and view displays
2:50-3:50	Second Workshop
3:50-4:00	Evaluation and closing

#### **"Living and Sharing Your Story"**



Keynote Speaker, Tom McDermott, has been a fulltime storyteller and musician since 1992. Accompanying himself on the guitar, hurdy-gurdy, ukulele, or drums, he blends wit, wisdom, and music with original and multi-cultural stories. He has been a featured performer in storytelling festivals across the nation as well as in Canada, Central America, and Ireland. He has won numerous awards including the Tejas Storytelling Association's John Henry Faulk Award in 2001. Tom is an ordained United Methodist minister and continues a music ministry in Fort Worth where he resides.

*A hot lunch will be provided as part of your registration.*

# SeniorFest 2010

## SeniorFest 2010

March 6, 2010

9:00 am – 4:00 pm

Dallas, Texas

#### ***"Living and Sharing Your Story"***

*Keynoter: Tom McDermott*

King of Glory Lutheran Church

6411 LBJ Freeway (I-635)

Dallas, Texas

(Eastbound – exit Hillcrest)

(Westbound – exit Preston)



**SeniorFest 2010 is sponsored by:**

The Association of Lutheran Older Adults

**In cooperation with**

The Texas District of the LC-MS

The NTx/NLa Synod of the ELCA

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